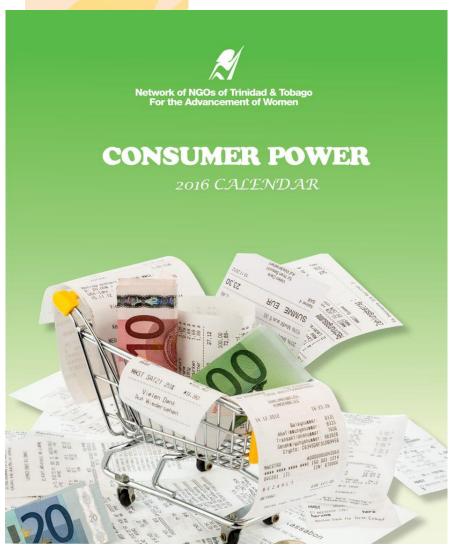


Presents its 2016 Consumer Power Journal



CONTENTS:

- 1. Personal Information
- 2. About the Network
- 3. The Consumer and the Economy
- 4. Consumer Protection Policy
- 5. Consumer Rights and Responsibility
- 6. Consumer Affair Division
- 7. How Can I Make a Complaint?
- 8. Women Consumers and Ecology --- BUY "GREEN"
- 9. Be a Wise Consumer-- " It's Your Money"
- **10.** Some tips to get through the grocery or market without going broke
- 11. Compare your costs seven different ways
- **12.** Save money on your food bill by planning before you go shopping
- 13. Using a shopping list saves your time
- 14. Template for a Household Budget
- 15. Meal Planner
- 16. 2016/2017 Calendar
- 17. Contacts
- 18. Dates to Remember
- 19. Personal Planner
- 20. Personal Accounts
- 21. Emergency Numbers